



Spring is in the air making it more enjoyable to be out and about.

We have vacancies in our fortnightly social groups, as well as:

Scrabble-Enjoy a mental challenge with a game of scrabble and a good laugh every third Tuesday of the month from 10.30am to 12.30pm. Morning tea is provided and transport can be arranged.

Card making-Design and make your own greeting cards at our friendly, hands-on craft activity group which meets monthly on a Monday from 1.30pm to 3.30pm. Afternoon tea is provided and transport can be arranged.

Mens Lunch-Explore the tastes and sights of our beautiful region. Suggest a venue or location and we'll help make it happen. Limited numbers. Transport is available.



Social Group News



Fascinating visit to the Model Railway Museum



Our wonderful cooks showing off their new aprons



Many laughs playing balloon bash

Our social groups were so happy to get out and enjoy themselves during the otherwise miserable days of winter. We embraced the season by making snow flakes and decorating the function room into a winter wonderland and made fake snow into snow men.

We “warmed” ourselves by the fireplace and celebrated Christmas in July. The adventure to the Model Railway Museum was extremely

interesting and we enjoyed a fabulous concert at the Shoalhaven Entertainment Centre. We challenged ourselves with quizzes, learning to play the djembe drums and playing balloon bash.

All in all, we had fun and enjoyed being together.



Important dates to remember

Sun 2nd Oct—Day light savings starts

Mon 3rd Oct—Labour day holiday



Be Aware—Latest telephone scam



Scamwatch is urging the public to be wary of text messages or WhatsApp messages from a family member or friend claiming they need help.

The scammer will claim they have lost or damaged their phone and are making contact from a new number. Then, once they have developed a rapport with their target, the scammer will ask for personal information such as photos for their social media profile or money to help urgently pay a bill, contractor or replace the phone.

If you're contacted by someone claiming to be your son, daughter, relative or friend, start by calling them on the number already stored in your phone to confirm if it's no longer in use. If they pick up – you know it's a scam. If unable to make contact, you should try a secondary contact method to verify who you're speaking to. If you still can't contact your family member or friend, consider asking a personal question a scammer couldn't know the answer to, so you know the person you are speaking to is who they say they are.

**Above all, never send money without being absolutely sure
who you are sending it to.**



DID YOU KNOW?

During the spring, birds are more vocal as they sing to attract mates and warn away rivals.

Have a laugh

Q: Why don't eggs tell jokes?

A: They'd crack each other up



**Please encourage your family
& friends to like our page &
share our posts on Facebook**

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